

Arlington Women
Weather Hotline 703-228-4715
Taken from the Constitution and Bylaws, March 2004

Games on synthetic surfaces are ONLY CANCELLED IN DANGEROUS WEATHER (Tornadoes, Hurricanes, Lightning Storms) and never in rain (even hard rain). Referees need to be reminded that Sunday games ALLOW slide tackling (they are all OPEN games) and Weekday (they are all Masters) games DO NOT. (Virginia Highlands, Gunston, Wakefield, Thomas Jefferson)

All our games are 40 min halves with at least 5 min half-times.

1. All games will be played by modified FIFA (Federation International Football Association) rules, with the following exceptions:

a. The minimum number of players needed by each team to begin official play is seven (7).

Unlimited substitutions by *both* teams is permitted by the Referee on goal kicks and kick-offs and by the *team in possession* on throw-ins.

b. The game will consist of forty (40) minute halves with a five (5) minute break between halves. There will be a fifteen (15) minute grace period from the designated starting time to await a minimum number of players (7) and/or the arrival of a Referee.

c. Players may protect their faces and chest with palms facing inward close to the body. The ball must not be directed by the player's hands or arms. (THIS IS ULTIMATELY A JUDGMENT CALL BY THE REFEREE).

d. The goalkeeper will have possession of the ball when its movement has been stopped by any part of one or both hands or arms and/or if the ball has been pinned to the ground by any part of the body. The goalkeeper cannot be touched when she has possession of the ball. Once the ball has left the goalkeeper's hands the ball can be played by the other team. (THIS IS ULTIMATELY A JUDGMENT CALL BY THE REFEREE).

e. When a drop-ball decision is made for an occurrence within the penalty area, the Referee will move the play to the nearest point outside the **penalty area** to restart play.

f. Slide tackling is NOT allowed in the Masters Division (over 30) by any player *except the goalkeeper*. Slide tackling IS allowed in the Open Division.

g. Each player must have a permanent number (silk-screened or iron-on) on her jersey in order to play in a game with no number duplicated. For uniform conflicts, the VISITING team will wear their alternate jerseys. Alternate jerseys do not require permanent numbers but must conform to the same color group. Leg wear/socks can be of different color(s) as long as there is no confusion with the opposing team's uniform.

2. Shin guards are required as per Law 4.